# TRAINING

**Blue to Gold** 

## Cedar Rapids, Iowa

Hosted by the Cedar Rapids Police Department

#### Mastering Proactive Policing for Patrol

This class is a deep dive into street level proactive policing tactics. Considered by many as the all-encompassing guide for patrol officers looking to reach their potential, every single block of instruction covered is essential to being a multidimensional proactive officer on patrol. This course provides the tools and the game plan to the attendee, so that they will leave at the end of the day and be an effective police officer against the criminal element, every single shift.

Throughout the entire class, the attendee can expect to be a part of an intense, rapid-fire exposure to successful street level interdiction tactics, having a front seat ride for it as they will analyze and break-down numerous police body worn camera videos with the instructor and gain repeated mental repetitions, making these mental experiences their own.

This class provides a different experience for the attendee from any other class out there, being considered a virtual proactive field-training type experience. Instructor Craig Meyer methodically breaks down the different blocks of instruction so that each one builds on the next in what he refers to as, building the layers of the proactive pyramid from the bottom up. Specifically, the attendee will become versed in the role of the limbic system with respect to freeze, flight, and fight, verbal and nonverbal distancing behaviors, stress indicators and pacifying behaviors and pre-flight and pre-assault indicators. These layers will be explained by showing countless examples of pedestrian, bicycle and vehicle stops, breaking them down so the attendee understands how to work through them successfully from start to finish. The attendee will be shown how to legally as well as successfully navigate through developing reasonable articulable suspicion, how to conduct roadside interviews, how to build rapport, gain admissions of probable cause and gain consent, as well as how to work through the times when consent is denied and R.A.S. is present.

#### **INSTRUCTED BY: CURRENT POLICE SERGEANT CRAIG MEYER**



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#### TRAINING DETAILS

COST: \$249 WHERE: 505 1st St SW Cedar Rapids, IA 52404 DATE: Tuesday, November 12, 2024 | 8:00 AM - 5:00 PM CREDIT: IA POST Eligible FIND OUT MORE AT: bluetogold.com/instructors/craig-meyer

Course details visit **bluetogold.com/courses** or email **training@bluetogold.com** 

## WHY CHOOSE BLUE TO GOLD

Blue to Gold has taught thousands of officers in the Fourth Amendment and beyond, and strive to provide the best legal education and training to agencies around the country. Founded in 2010 Blue to Gold is the most widely recognized training company in Search & Seizure law.

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All participants will receive CERTIFICATE OF COMPLETION

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