



# Mastering Proactive Policing for Patrol Outline

Blue to Gold Law Enforcement Training  
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# GOAL

## learners

In-service training for certified law enforcement, including patrol, investigations, specialty units, and administration

## length of instruction

10 hours

This class is a deep dive into street level proactive policing tactics. Considered by many as the all-encompassing guide for patrol officers looking to reach their full potential, every single block of instruction covered is essential to being a multi-dimensional proactive officer on patrol. This course provides the tools and the game plan to the attendee and be an effective police officer against the criminal element, every single shift. The skills and tactics taught here are universal in police work across the world, as the class does not spend time on state-specific traffic code, penal code or state specific case law.

### **Course Introduction – 10 minutes**

- 1) Instructor introduction.
- 2) Explain the course objective.
  - a) Gain an understanding of what proactive policing is, including stress indicators and pacifying behaviors of the suspect.
  - b) Define what actions are needed to complete a successful investigation.
  - c) Identify common reactions to police presence.
  - d) Gain an understanding of how to approach suspects.
- 3) Encourage attendees to ask questions and share feedback with other attendees.
- 4) Explain that certificates will be emailed after the class and each student will be registered in the Blue to Gold University.
- 5) Go over the three disclaimers:
  - a) Laws and agency standard operating procedures may be more restrictive. Blue to Gold teaching the federal standard unless otherwise stated. Therefore, students must know their state and local requirements in addition to the federal standard.
  - b) If students have any doubts about their actions, ask a supervisor or legal advisor.
  - c) The course is not legal advice, but legal education. Therefore, nothing we teach should be interpreted as legal advice. Check with your agency's legal advisor for legal advice.

### **Module One – Preparation – 60 minutes**

- 1) Proactive Policing.
- 2) Community Caretaking.
- 3) Reading Suspects.
- 4) Understanding case law.

### **Module Two – Presentation – 50 minutes**

- 1) Suspect Behaviors.
- 2) Developing Probable Cause.
- 3) Staying Focused.

**Module Three – Suspect Reactions – 45 minutes**

- 1) Vehicle Reactions
- 2) Physical Reactions

**Module Four – Place-Based Policing – 75 minutes**

- 1) Hot Spots Policing
- 2) Day & Night Policing
- 3) Hotels/Motels
- 4) Gas Stations
- 5) Pawn Shops

**Module Five – De-escalation Tactics 45 minutes**

- 1) De-escalation as defined by the Department of Justice
- 2) Tactical Advantages
- 3) Blind Spots
- 4) When Your Safety Becomes a Concern

**Module Six – Stress Indicators – 60 minutes**

- 1) Various Suspect Behaviors
- 2) Verbal Response Indicators
- 3) Physical Signs of Stress

**Module Seven – Freeze, Flight or Fight – 45 minutes**

- 1) Freeze Mode
- 2) Flight Mode
- 3) Fight Mode

**Module Eight – Suspect Positioning 35 minutes**

- 1) Blading
- 2) Sun Dialing

**Module Nine – Field Interview Questions 60 minutes**

- 1) What is the purpose of travel?
- 2) Where are you going/coming from?
- 3) What questions can be asked.
- 4) Why

**Module 10 - Consent 70 minutes**

- 1) Suspect Positioning/Behavior/Questioning
- 2) Popping the Question - Can I look in your vehicle?
- 3) K-9 Back-up

**Summary & Questions - 45 minutes**

End of class.