



# Seconds For Survival Outline

Blue to Gold Law Enforcement Training  
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## learners

In-service training for certified law enforcement, including patrol, investigations, specialty units, and administration

## length of instruction

Insert number of hours 8

Seconds For Survival includes a classroom presentation utilizing videos or real-life incidents that will enable Peace Officers to learn the appropriate response to pre-incident indicators.

The average violent encounter occurs for 3-5 seconds, the law enforcement response time is 5-7 seconds. Creating a very dangerous gap for law enforcement.

## **Course Introduction – 10 minutes**

Instructor introduction.

- 1) Explain the course objective.
  - a) Identify pre-incident indicators of an attack.
  - b) Ability to define normal behavior from abnormal.
  - c) Gain an understanding action versus reaction.
- 2) Encourage attendees to ask questions and share feedback with other attendees.
- 3) Explain that certificates will be emailed after the class and each student will be registered in the Blue to Gold University.
- 4) Go over the three disclaimers:
  - a) Laws and agency standard operating procedures may be more restrictive. Blue to Gold teaching the federal standard unless otherwise stated. Therefore, students must know their state and local requirements in addition to the federal standard.
  - b) If students have any doubts about their actions, ask a supervisor or legal advisor.
  - c) The course is not legal advice, but legal education. Therefore, nothing we teach should be interpreted as legal advice. Check with your agency's legal advisor for legal advice.

## **Module One – Action Beats Reaction**

1. Recognizing Indicators
  - a. How to read behaviors
  - b. Clothing cues.
2. Non-Compliance
  - a. Armed suspects
3. Review FBI assessment "Deadly Mix Study."

## **Module Two – Legal Authority**

1. Reasonable Suspicion/Probable Cause
2. Graham v. Conner
3. Terry v. Ohio

### **Module Three – Intuition**

1. Bridging the gap between action and reaction.

### **Module Four – Position of Advantage**

1. How to regain the advantage.

### **Module Five – Reading Behavior**

1. Look for a cluster.

### **Module Six – Best Defenses**

1. Situational Awareness
2. Pre-Incident Indicators
3. Baselines

### **Module Seven – Pre-Incident Indicators**

1. Detectable factors
2. Action-based decisions

### **Module Eight – Officer Perception Shorthand**

1. Internal/External Factors
2. Past Experiences
3. Training Scars
4. Pre-Perceived Outcomes
5. Combative Disadvantage

## **Module Nine – Armed Suspects**

1. Protective Body Movements

## **Module Ten – Top Indicators**

1. Weapon Indicators

## **Module Eleven – Conclusion**

1. View series of videos involving suspects .

End of class.