

# MASTERING PROACTIVE POLICING FOR PATROL



## Sioux City, Iowa

Hosted by the Sioux City Police Department

This class is a deep dive into street level proactive policing tactics. Considered by many as the all-encompassing guide for patrol officers looking to reach their potential, every single block of instruction covered is essential to being a multi-dimensional proactive officer on patrol. This course provides the tools and the game plan to the attendee, so that they will leave at the end of the day and be an effective police officer against the criminal element, every single shift.

### Training highlights include:

- Instructor Craig Meyer methodically builds the proactive pyramid from the bottom up
- Understand the role of the limbic system in freeze, flight, and fight responses
- Learn about verbal and nonverbal distancing behaviors, stress indicators, and pacifying behaviors
- Identify pre-flight and pre-assault indicators through countless examples of pedestrian, bicycle, and vehicle stops
- Master the process of developing reasonable articulable suspicion
- Learn effective roadside interview techniques and how to build rapport
- Gain admissions of probable cause and consent, and navigate scenarios when consent is denied but R.A.S. is present
- A unique, virtual proactive field-training type experience unlike any other class



Your Instructor  
Current Sgt. Craig Meyer

### TRAINING DETAILS

**COST:** \$249

**WHERE:** 6602 Allison Ave Sioux City, IA 51111

**DATE:** Monday, November 17, 2025 | 8:00 AM – 6:00 PM

**CREDIT:** IA POST Eligible

**FIND OUT MORE AT:** <http://bluetogold.com/instructors/craig-meyer>

Credited by thousands of police officers across the country for having created a training that can be easily comprehended and then immediately applied by police officers for success. Meyer is still a proactive Sergeant and continues to employ the same tactics and training taught in class, in the field with his own team of officers.



ALSO AVAILABLE ON-DEMAND

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visit [university.bluetogold.com](http://university.bluetogold.com) for more info.



*"This is by far the best class that I have taken for my career. Craig is a fantastic teacher and makes this course very enjoyable. Not even a day after completing this course, I have already observed all of these behaviors on the road! Even got 2.4g of fentanyl off a stop while given consent from tips he mentioned in this course. You are doing yourself a disservice by not taking this."*

Kyle Baker  
★★★★★

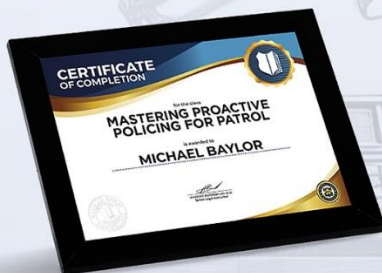
*"I took Craig Meyer's class before he became part of Blue to Gold, and I have to say it has significantly improved my game. After taking his class, I started recognizing clusters of indicators and began to see better results during my stops. For those whose agencies won't invest in their training, you need to invest in yourself. The only way to become successful in this career is to take the initiative. Don't wait for someone else to do it for you. I highly recommend Craig's class."*

Eduardo Quiroga  
★★★★★

*"I have taken several proactive policing courses and Craig's class is the best out there. It was the best when he was with his last company, and its even better with Blue to Gold. Its been refined and organized since then. He explains everything well and shows you real life examples over and over. When you complete this class, you will see what you have been overlooking all this time. This also includes indicators of dangerous intentions. There is no other class I have seen that offers this quality of content on the subject of criminal interdiction. It will make you a better cop and could save lives."*

Nolan Vanover  
★★★★★

SEE MORE OF CRAIG MEYER'S FEEDBACK BY SCANNING THE QR CODE BELOW.



## ALL PARTICIPANTS WILL RECEIVE CERTIFICATE OF COMPLETION

